



EMERGENCY INFORMATION



Desk Reference
Blacksburg Campus



EMERGENCY MANAGEMENT
VIRGINIA TECH.

TABLE OF CONTENTS

Emergency Numbers	2
Dialing 911	3
Emergency Preparedness	4
Emergency Notification System	7
Medical Emergency	8
Secure-in-Place	10
Suspicious Persons and Vehicles	11
Physical Threat	12
Violence on Campus	14
Shelter-in-Place	16
Weather Emergency	17
Evacuation	20
Evacuation of Persons with Disabilities	21
Fire Safety	22
Bomb Threat	24
Bomb Threat Checklist	25
Explosion	26
Suspicious Mail	27
Hazardous Materials	28
Power Outage	30
Returning to Normalcy	31

If you have questions or concerns on any of the content presented in the booklet, please contact
Emergency Management.

 540-231-4873

 oem@vt.edu

 emergency.vt.edu

 @BeHokieReady

 @BeHokieReady

 @BeHokieReady

Emergency Management

Public Safety Building

Virginia Polytechnic Institute and State University

330 Sterrett Drive

Blacksburg, VA 24061





DIALING 911

Reporting an Incident to Emergency Personnel

Dial 911 from your cell phone or campus phone when you need Police, Fire, or Emergency Medical Services. Remain calm - your actions influence others.

- Tell the dispatcher your location and provide the exact address or building, if possible.
- Your full name and the telephone number from which you are calling, in case you are disconnected.
- The nature of the emergency (describe clearly and accurately).
- Remain calm and do not hang up as additional information may be needed. If possible, have someone else or yourself meet emergency personnel outside of the building.

The Virginia Tech Police Department

The Virginia Tech Police Department – nationally accredited by the Commission on Accreditation for Law Enforcement Agencies Incorporated (CALEA) – is located in the Public Safety Building on Southgate Drive behind Lane Stadium. For more information on the Virginia Tech Police Department, please visit their website at www.police.vt.edu or call 540-231-6411. Programming the Virginia Tech Police Department's phone number into your cellular device is useful for quick access in an emergency.



EMERGENCY NUMBERS

Immediate Emergency Response

Virginia Tech Police Department, Virginia Tech Rescue Squad,
Blacksburg Police Department, and Blacksburg Fire Department911

Non-Emergency Response

NRV 911 Regional Authority..... 540-382-4343

General Information

Virginia Tech Police Department 540-231-6411

Virginia Tech Safe Ride..... 540-231-7233

Virginia Tech Crime Hotline 540-382-4343

Virginia Tech Weather Hotline.....540-231-6668

Virginia Tech Rescue Squad.....540-231-7138

Virginia Tech Emergency Management.....540-231-4873

Virginia Tech Environmental Health and Safety.....540-231-3600

Virginia Tech Facilities Services.....540-231-4300

Blacksburg Police Department.....540-961-1150

Blacksburg Rescue Squad540-961-1189

Blacksburg Fire Department 540-961-1175

Lewis Gale Hospital at Montgomery.....540-951-1111

Carilion New River Valley Medical Center.....540-731-2000

Emergency Phones On-Campus

There are blue-lighted emergency phones located throughout the Blacksburg campus and parking lots, as well as emergency phones in many campus buildings. These phones provide immediate access to the campus emergency operator; follow the directions found on the phone.



PREPAREDNESS

Emergencies, accidents, and injuries can occur at any time and without warning. Virginia Tech has established procedures for you to follow so that the effects of such situations can be minimized.

How to Prepare at Work

What can I do to be better prepared at work?

- Review your departmental Emergency Action Plan (EAP).
- Make an emergency kit catered to your work environment.
- Participate in emergency preparedness exercises and training programs.
- Know your building's floor plan – especially the locations of the stairwells, fire extinguishers, manual pull stations, Automatic External Defibrillators (AEDs), and alternate exits. Also be familiar with buildings that you visit often.
- If you work in an office, know exactly how many doors you will pass along your evacuation route before you reach the nearest exit door; in heavy smoke, exit signs may not be visible. Even in heavy smoke, you can count the number of doors you pass so you will know when you reach the exit door.

How to Prepare in a Residence Hall

What can I do to be better prepared in my residence hall?

- Build an emergency kit and store it in an easy to find, dry location.
- Keep fire alarms, smoke and carbon monoxide detectors and sprinkler heads free of obstruction.
- Do not overload circuits and electrical outlets.
- Secure valuables and always lock your door.

How to Prepare at Home

What can I do to be better prepared at home?

- Know how to escape from your home, regularly check smoke detectors, and have fire extinguishers.
- Make an emergency kit that will last up to 72 hours.
- Prepare yourself and your family at home so they will know what to do, where to go, and how to cope in an emergency. For further information, visit www.ready.gov and www.emergency.vt.edu.

Automobile Preparedness

What can I do to be better prepared while driving?

- Build an emergency kit and store it in your vehicle.
- Secure valuables and always lock your car doors.
- Keep a spare key in a secure location and remember where it is.

Emergency Supplies Kits

Everyone should have some basic supplies (a kit) on hand, ready to sustain them in an emergency. Prepare a large, fully stocked kit for home and smaller portable kits for your workplace, your car, and other places where you ordinarily spend time. For more information on emergency preparedness kits, visit www.emergency.vt.edu

A basic kit usually consists of the following:

- Non-perishable and high-energy food items.
- Water in bottles or other sealed containers.
- Medications (must be properly safeguarded), first aid kit, and sunscreen.
- Warm clothes (like sweaters and coats) and comfortable shoes and socks.
- Flashlight and batteries.
- Battery-operated radio and batteries.
- Cash, about \$20.
- Extra charger for your current cell phone.
- Books, pack of cards, etc.
- Also include enough food and water for your pets.

Contents can be kept in a backpack, plastic storage box, or a five gallon pail. Check your kits at least once every six month to assure that everything is in good order.

Contact Cards and I.C.E (In Case of Emergency) Information

Complete a contact card to carry in a wallet, purse, or backpack. Be sure that the card address:

- Your name.
- Special health, diet, and medical needs. Include known allergies and current medications.
- An emergency contact (a friend or relative, ideally one nearby and one a safe distance away) to notify and relay emergency news about your. Be sure that these people know that you've listed them as emergency contacts.

Store your emergency contacts' phone numbers in your cell phone under "I.C.E" (In Case of Emergency). If you have children, also include the contact information for your child care provider with your emergency contacts. Special I.C.E. phone applications also exist. If you are unconscious or unable to call, responders may look for this information on your cell phone.

Training Programs

Virginia Tech Police Department offers the following training programs at no cost:

- Student/Staff Police Academy
- Self Defense Classes (R.A.D.)
- Team One Love

Virginia Tech Rescue Squad – in conjunction with the American Red Cross – offers the following training programs:

- EMT Basic course
- CPR
- Revive
- Vitals
- First Aid
- AED

Virginia Tech Emergency Management offers the following training programs:

- Hokie Ready Academy
- Incident Command System
- Stop the Bleed

Environmental Health and Safety at Virginia Tech offers the following training programs:

- Occupational Health and Safety
- Radiation Safety
- Emergency Procedures for Assembly Occupancies
- Fire Safety Education, Extinguisher Training, and Fire Drills

Additional Resources

Virginia Tech Police Department	540-231-6411
Virginia Tech Rescue Squad.....	540-231-7138
Virginia Tech Emergency Management.....	540-231-4873
Virginia Tech Environmental Health and Safety.....	540-231-3600



PREPAREDNESS

The Virginia Tech Emergency Notification System is used to reach the campus community - students, faculty, and staff - during an emergency situation. Outdoor sirens, loud speakers, phone and desktop alerts are some components of the VT Emergency Notification System.

How to Receive VT Alerts

VT phone and desktop alerts require registration at www.alerts.vt.edu. Become familiar with the additional types of ENS delivery methods which do not require registration.

VT Alerts: Virginia Tech's Emergency Notification System

The university will use a variety of means to notify the university community of an emergency. This Emergency Notification System (ENS) is VT Alerts and includes:

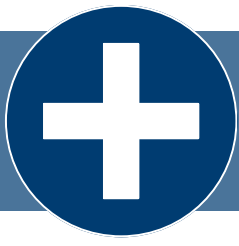
- Virginia Tech homepage (www.vt.edu)
- Broadcast emails
- Electronic message boards in classrooms
- Campus sirens and loudspeakers
- Desktop alerts
- Phone alerts
- Social media

If You Hear a Campus Outdoor Siren

When the sirens are activated, remain calm, move inside a building, follow any audible instructions, and check for additional information via other VT Alerts channels. You may be advised to either:

- Secure-in-Place: place a locked door or other barricade between you and the associated violence or danger
- Shelter-in-Place: move inside to a building that protects you from the risk, do not lock doors so others are able to enter.

**Note: Tests of the campus warning sirens are conducted each semester and are publicized through regular news outlets on campus in advance of the test.



MEDICAL EMERGENCY

In the Event of a Serious Illness or Injury, Dial 911

Provide the following information to the dispatcher:

- Exact location of the victim.
- Call back information (your name and phone number) in case you are disconnected. » Sex and approximate age of victim.
- Nature of injury or illness.
- Pertinent medical history, if known.

What to do Until Help Arrives

If a serious injury or illness occurs on campus, immediately call the Virginia Tech Police Department – 911 or 540-231-6411. Try to have someone escort EMS personnel to the scene if possible.

- Remain calm.
- Keep victim still and comfortable. Do not move the victim unless he/she is in immediate danger. » Ask the victim, “Are you okay?” and “What is wrong?” Does the victim respond?
- Check breathing and check for a pulse. If there is no pulse and you have been trained, perform CPR or use an AED.
- Control serious bleeding by applying direct pressure to the wound.
- In case of a minor injury or illness, provide First Aid care. Note the location of the First Aid kits and the names of First Aid/CPR trained personnel in your area. Individuals in each department or building are encouraged to obtain training in First Aid/CPR/AED.

Public Access Automatic External Defibrillators (AEDs)

Public Access Automatic External Defibrillators (AEDs) are located across the Blacksburg campus and satellite facilities in a variety of buildings. If you have any questions regarding the use of an AED system, their location, or their maintenance, please contact the Virginia Tech Rescue Squad.

Virginia Tech Rescue Squad Members of the Virginia Tech Rescue Squad are trained in Basic (BLS) and Advanced (ALS) life support. They provide coverage to campus medical emergencies 24 hours a day, 7 days a week, and throughout the year.

VT Rescue also offers various programs and trainings to the community:

- CPR / AED and First Aid Training
- Emergency Medical Technician (Basic Course)

First Aid Kits

Keep a well maintained First Aid Kit at your desk, in your car, and at home. Each kit should contain the following items at the very least:

- Adhesive bandages and roller bandages (ACE)
- 4” x 4” gauze pads
- 1” cloth tape
- Alcohol swabs
- Eye wash » Hot/cold pack
- Medical shears & tweezers
- CPR mask & nitrile gloves
- Oral glucose (tube)
- Aspirin/Tylenol/Ibuprofen
- Antacid and Pink Bismuth

Additional Resources

Virginia Tech Police Department	540-231-6411
Virginia Tech Rescue Squad.....	540-231-7138
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Virginia Tech Environmental Health and Safety.....	540-231-3600



SECURE-IN-PLACE

When it is necessary to secure-in-place, you will be the safest by placing a locked door or other barricade between you and the associated violence of danger.

How do I Secure-in-Place?

- Remain Calm.
- If you are outside during a secure-in-place emergency you should seek cover in the nearest unlocked building.
- If the buildings in the immediate area have exterior doors that have been locked, continue to move away from the danger, seek cover, move to another building, or leave campus if it is safe to do so.
- Once inside, find an interior room and lock or barricade the doors.
- To minimize vulnerability, turn off lights, silence phones, close curtains and blinds, and move away from windows.
- Await further instruction from VT Alerts and emergency personnel.
- Do not leave until an “All Clear” is received.

What if Someone Wants to Enter a Secure Area?

If there is any doubt about the safety of the individuals inside the room or building, the area needs to remain secure. Allowing someone to enter a secure location may endanger you and others. Overall, use good judgement.

If the decision is made to let a person in, consider the following:

- Have the person leave anything he or she is carrying (a backpack, laptop case, package, etc.) on the ground, outside of the secure area.
- Have the subject lift up his or her shirt, coat, and/or jacket until the waistline is visible and rotate 360 degrees to see if he or she is concealing a weapon.



Always use your best judgment. There are exceptions to all guidance and prescribed directions.



SUSPICIOUS PERSONS OR VEHICLES

Suspicious Person or People

If you witness a person acting in an odd or unusual manner or if a person or situation makes you feel uneasy, trust your instincts and report it.

- Do not physically confront the person.
- Do not let anyone into a locked building or office.
- Do not block the person's access to an exit.
- Call 911. Provide as much information as possible about the person and his or her direction of travel. In your description of the person, include age, race, clothing, height, weight, sex, hair and eye color, weapons, and any other descriptors you noticed.

If a suspicious person is standing at your car, or near a parking spot, just keep going. When it appears to be safe, return to your vehicle and look around and inside your vehicle before getting in.

Suspicious Vehicle

Signs of suspicious vehicles include:

- Missing or forged license plates.
- Covered or taped windows.
- Any vehicle that appears overloaded or has any substance leaking from it.
- Any vehicle containing drums, barrels, or other bulk containers.

If you see a vehicle that appears to be suspicious, immediately call 911 or the Virginia Tech Police Department at 540-231-6411. Give the dispatcher the following information:

- Tell the dispatcher you are at Virginia Tech and give the exact location of the vehicle in question.
- A description of the vehicle, including license plate, vehicle color, vehicle make, model, and any other distinguishing features.
- Your full name and telephone number from which you are calling, in case you are disconnected.

Do not hang up as additional information may be needed. Follow directions provided by emergency personnel.



PHYSICAL THREAT

Active Shooter or Assailant

An active shooter is considered to be a suspect or assailant whose activity is immediately causing serious injury or death. The incident can involve one or more shooters. It can be a close encounter or from a distance. It can be targeted at a student, faculty/staff, or a random victim. It might involve just one room or multiple locations. No two situations are alike. A shooting can occur anytime, anyplace, and involve anyone.

What to do if There is an Active Shooter or Assailant

Try to remain calm as your actions will influence others. Have a survival mindset because the consequences are potentially catastrophic. You need to take immediate responsibility for your personal safety and security. If you are able, attempt to Secure-In-Place immediately.

If You Are in an Unsecured Area

- If you find yourself in an open area, immediately seek protection. Here are three guidelines to follow:
 - RUN: If you know the location of the shooter and there appears to be a safe route immediately available, then proceed quickly and safely. If you decide to evacuate, do not spend time convincing others. Encourage them if necessary, but keep moving. Do not attempt to remove injured person(s). Leave your belongings behind, you will be able to retrieve those items at a later time. Follow instructions of any first responders on scene as you exit.
 - HIDE: If you decide not to run, and cannot secure-in place: try to place yourself somewhere out of view. Find an object large enough to shield you and provide protection from a bullet. If you choose to hide, leave yourself multiple exits to avoid cornering yourself.
 - FIGHT: If running or hiding are no longer options, you should prepare yourself to fight back. This is dangerous, but depending on your situation, this could be your last option. If you find yourself in this situation act with extreme aggression. Take objects around you to utilize as improvised weapons. If your only option is to fight, commit to taking the shooter down, no matter what.
- Remember, always use your best judgment. It is imperative to understand that this is general guidance. Every situation is unique and not every suggestion will apply. There are exceptions to all guidance and prescribed directions. Do what is necessary to protect yourself and others.

Law Enforcement Response

- The Virginia Tech Police Department will immediately respond to the area, assisted by other local law enforcement agencies if necessary.
- Remember that help is on the way so try to remain calm.
- Law enforcement will first locate, contain, and stop the assailant(s).
- Remain inside a secure area. The safest place for you to be is in a secure room.
- The assailant may not flee when law enforcement arrives, but instead may target arriving officers.
- Once the threat is neutralized, Law Enforcement and Emergency Medical Services will begin care for victims and evacuation of the area. Be prepared to explain this to others.
- You may be searched, instructed to keep your hands on your head, or even placed in handcuffs. Do your best to cooperate.
- After evacuation, you may be taken to a triage or other holding area for medical care, interviewing, counseling, etc.

Reporting an Incident By Calling 911

When calling 911, do not hang up! Be prepared to provide as much information as possible:

- WHERE: Where is the incident taking place? Where are you located? Where is the assailant?
- WHO: What does the assailant(s) look like? Do you recognize the assailant? Do you know his/her name?
- WHAT: What is the assailant carrying? What type of weapon(s) did you see? A handgun, rifle, or explosive? Was he or she carrying a backpack, bag, or carrying case? What did it look like? What did you hear before, during, and after the confrontation? Explosions? Gunshots?
- HOW: How is the assailant communicating? What language is being used? What threats or commands are being said?



VIOLENCE ON CAMPUS

Remember, if you are a witness to violent acts or behavior, immediately move away from the incident, and then dial 911 to summon the Virginia Tech Police Department. If you hear about an incident on campus, please stay away from that area.

Workplace Violence

The origin of the next threat cannot be predicted. Assailants in incidents across the nation have been students, employees, and visitors. In many cases there were no obvious specific targets and the victims were unaware that they were a target until attacked. Being aware of your surroundings, taking common sense precautions, and heeding any warning information can help protect you and others. Violent incidents like an act of terrorism, active shooter, assaults, or other forms of violence can occur on or near the university with little or no warning.

Some Indicators of Potential Violence

If one or more of the following is present, then the risk for potential violence may become a little higher:

- Attempts to harm or kill self.
- Extreme or sudden changes in behavior.
- Unexplained increase in absenteeism.
- Decreased performance in work or academics.
- Resistance to change or reasonable limits.
- Over-reacts to changes in policies and procedures.
- Numerous conflicts with others.
- Alienates or isolates self from others.
- Displays paranoia or distrust.
- Difficulty learning from past behaviors or experiences.
- Makes statements indicating approval of use of violence to resolve a problem.
- Identifies with or idolizes persons who have engaged in violence toward others

Before Campus Violence Occurs

Every campus office or department should perform an initial assessment to identify concerns and/or workplace security issues. If that assessment determines university employees are at significant risk, the responsible manager or supervisor should contact the Virginia Tech Police Department for additional information and training. Additional information on what you can do to minimize the risk of workplace violence and how to recognize the warning signs of potentially violent individuals can be downloaded from the Virginia Tech Threat Assessment Team website at www.threatassessment.vt.edu.

Virginia Tech Threat Assessment Team

The mission of the Threat Assessment Team is to determine if an individual poses, or may reasonably pose, a threat of violence to self, others, or the Virginia Tech community and to intervene to avert the threat and maintain the safety of the situation.

This team responds to behaviors exhibited by students, employees, visitors, and non-affiliated persons prior to a critical incident in an attempt to prevent a targeted act of violence so that the Virginia Tech campus remains a safe and secure working and learning environment.

If you have any concerns about someone’s behavior, please contact one of the following offices to share your information:

- Virginia Tech Police Department540-231-6411
- Dean of Students Office.....540-231-3787
- Cook Counseling Center.....540-231-6557
- Virginia Tech Women’s Center.....540-231-7806

What to do if Workplace Violence Occurs

Follow these recommendations if you are a part of or witness acts of violence in the workplace:

- Secure yourself in a safe location. Call for medical assistance if necessary. CALL 911.
- Report the incident to the police as soon as you can if they haven’t already been contacted.
- Secure the area where the disturbance occurred. The area may be considered a crime scene, so leave everything untouched until the police arrive.
- If business must continue, shift personnel as needed to cover essential work functions.
- Be supportive. The victim(s), witnesses, and other employees may need access to counseling services. Contact Human Resources for guidance or assistance as needed.

Additional Resources

- Virginia Tech Threat Assessment Team.....540-231-7194 www.threatassessment.vt.edu
- Virginia Tech Human Resources.....540-231-9331 www.hr.vt.edu
- Virginia Tech Police Department540-231-6411 www.police.vt.edu
- Virginia Tech Emergency Management.....540-231-4873 www.emergency.vt.edu



SHELTER-IN-PLACE

Shelter-in-Place events are usually weather related emergencies. When it is necessary to shelter-in-place, you will be safest by moving inside to a building space that protects you from the danger. Do not lock doors behind you as others may need to also shelter-in-place.

How do I Shelter-in-Place?

- Remain calm.
- Immediately seek shelter inside the closest sturdy building. Do not wait until you physically see a tornado or severe weather event to react.
- Resist the temptation to go outside and check the weather conditions yourself.
- Once inside, stay away from windows, glass, and unsecured objects that may fall.
- Seek shelter in interior rooms and corridors.
- Avoid large free-standing expanses such as auditoriums and gymnasiums.
- Do not use elevators.
- Await further instruction from VT Alerts and emergency personnel.
- Do not leave until an “All Clear” is received.

During a tornado, seek shelter on the lowest level possible. If warranted, consider crouching near the floor and seeking additional shelter under a sturdy desk or table, or cover your head with your hands.

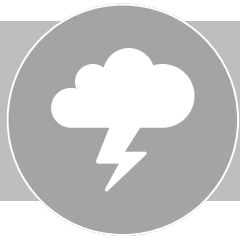
Weather Definitions

Watch: Conditions are favorable for the development of severe weather. Closely monitor the situation in case it gets worse.

Warning: Severe weather has actually been observed. Listen closely to instructions provided by weather radios/emergency provided by weather radios/emergency officials. officials.



Always use your best judgment. There are exceptions to all guidance and prescribed directions.



WEATHER EMERGENCIES

When severe weather occurs, the administration will determine whether university offices will be closed. Check Virginia Tech's web page, call the weather hotline, or listen to local TV and radio news broadcasts for information. Remember, weather emergencies can pose a serious threat, so always stay calm and alert!

General Advice for Severe Weather Emergencies

Follow these general recommendations if severe weather occurs:

- If weather conditions appear threatening, listen for a WATCH or WARNING through commercial radio, weather radio, and local television. The sirens on the Blacksburg campus will be activated during a tornado warning.
- Keep a small, battery-operated radio on hand to listen to. It is a good way to stay informed.
- Use telephones for emergency calls only.
- Stay away from downed power lines. Do not handle live electrical equipment in wet areas. » Leave the area immediately if you smell gas or vapors from chemicals.
- Help injured persons if you can do so without putting yourself at risk of injury. Provide first aid if you are trained. Report injuries by calling 911. Do not move injured persons unless they are in immediate danger.
- Report damage on campus to Facilities Services or Risk Management.

What to do if There is a Severe Flood

Follow these recommendations if there is news of a flood in your area:

- Be prepared to shelter-in-place or to evacuate at a moment's notice.
- Be aware of streams, drainage channels, canyons, and other areas known to flood suddenly. Flash floods can occur in these areas with or without warning clouds or rain.
- Listen to area radio and television stations and a NOAA Weather Radio for possible flood warnings and reports of flooding in progress or other critical information from the National Weather Service.

What to Do if There is a Tornado

Follow these recommendations if there is news of a tornado in your area:

- If you hear about a tornado in your area, do not wait until you see it to take cover.
- Seek indoor shelter in the lowest level possible, in an interior room or hallway away from windows and doors.
- Crouch near the floor or under heavy, well supported objects. Cover your head.
- Avoid windows, corridors with windows, or large free-standing expanses (such as auditoriums and cafeterias). Do not use elevators during a tornado warning!
- If you are caught outside with no shelter, lie flat in a ditch or depression and cover your head.
- Watch out for flying debris. Flying debris from tornadoes causes most fatalities and injuries.

What to Do if There is a Hurricane

Follow these recommendations if there is news of a hurricane in your area:

- Follow the instructions of local emergency management personnel regarding evacuation.
- If hurricane conditions already exist outside your location, stay put! Find shelter as best you can and wait it out. The most violent conditions are likely to pass in 24 hours or less.
- Secure the space by shutting and locking all windows and doors.
- Try to locate supplies you may need – such as food, water, a radio, etc.

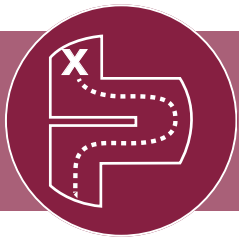
What to Do if There is an Earthquake

Follow these recommendations if you experience an earthquake in your area:

- If indoors, drop to the ground and take cover by getting under a sturdy table or a piece of furniture. Hold on until the shaking stops.
- If there isn't a table or desk near you, cover your face and head with your arms and crouch in an inside corner of the building.
- Stay away from anything that could fall, such as lighting fixtures or heavy bookcases. » Use a doorway for shelter only if it is nearby and if you know it is a strongly supported.
- Stay inside until the shaking stops and it is safe to move about. Injuries most often occur when people inside buildings attempt to move during the earthquake. Beware of aftershocks.
- If you are outdoors, stay there. Move away from buildings, street lights, and utility wires.

Additional Resources

Virginia Tech Emergency Management.....540-231-4873 www.emergency.vt.edu
Virginia Tech Facilities Services.....540-231-4300 www.facilities.vt.edu
Virginia Tech Risk Management.....540-231-7439 www.risk.vt.edu



EVACUATION

Before an Emergency Requiring Evacuation

In advance, locate the nearest exit from your work location and determine the route you will follow to reach that exit in an emergency. Establish an alternate route to be used in the event your route is blocked or unsafe.

During an Evacuation

If time and conditions permit, secure your workplace and take with you important personal items that are easily accessible – such as car keys, purse, medication, and glasses. Read and understand the following steps:

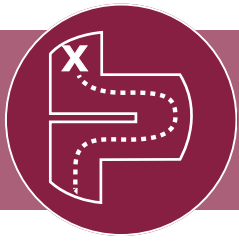
- Follow instructions from emergency personnel.
- Check doors for heat before opening and if the door is hot, do not open it. » Walk, do not run, push, or crowd. Use handrails in stairwells and stay to the right.
- Keep noise to a minimum so you can hear emergency instructions.
- Assist people with disabilities.
- Unless otherwise instructed, move quickly away from the building towards an assembly point. » Watch for falling glass and other debris.
- Keep roadways and walkways clear for emergency vehicles.
- If you have relocated away from the building, do not return until notified that it is safe.

Evacuation of Individuals with Disabilities

For more information on this topic, students should contact Services for Students with Disabilities and employees/faculty should contact Human Resources. You should take into consideration that there might be someone near you who could need help during an evacuation. REMEMBER, the best way to help someone during an evacuation is to first consult with that person regarding how best to assist.

Additional Resources

Services for Students with Disabilities.....540-231-3788 www.ssd.vt.edu
Virginia Tech Human Resources.....540-231-9331 www.hr.vt.edu



EVACUATION OF PERSONS WITH DISABILITIES

Individuals with Disabilities at Virginia Tech

Virginia Tech has two offices in place to assist those with disabilities on campus. Services for Students with Disabilities and Human Resources' University ADA Services for faculty and staff, both offer:

- Individualized accommodation for those with a documented disability.
- Consultations with supervisors and professors to assist in the accommodation process.
- Physical and programmatic access.
- Education and training for all departments and employees on ADA disability issues.
- Review of policies and procedures to ensure non-discrimination practices.
- Outreach programs.

Individuals with Mobility Limitations

If immediate evacuation is necessary, be aware of the following considerations:

- Wheelchairs have movable parts; some are not designed to withstand stress or lifting.
- Lifting a person with minimal ability to move may be dangerous to you or them.
- Wheelchairs should not be used to descend stairwells, if at all possible.
- Non-ambulatory persons may have respiratory complications. Remove them from smoke or fumes immediately and determine their needs and preferences. Those with electrical respirators should get priority assistance.

Visually Impaired Individuals

Most visually impaired individuals will be familiar with their immediate work area. In an emergency, describe the nature of the situation and offer to act as a "sighted guide" by offering your elbow and escorting him or her to a safe place. As you walk, describe where you are and advise the individual of any obstacles. When you have reached safety, orient the person as to where you are and ask if any further assistance is needed.

Hearing Impaired Individuals

Because persons with impaired hearing may not perceive emergency alarms, an alternative warning technique is required.

Two possible methods of warning to consider are:

- Write a note describing the emergency and nearest evacuation route.
- Turn the light switch off and on to gain attention, and then indicate through gestures what is happening and what to do.



FIRE SAFETY

Most fires are preventable. If you know how to recognize and reduce potential fire hazards, you will increase your chances of protecting yourself and those around you.

When a Fire Alarm is Activated

If you hear a fire alarm in your building, you should exit the building immediately.

- Proceed to the nearest exit.
- Using the back of your hand, feel the top and bottom of the door for heat. Do not open the door if it is hot. Otherwise, open slowly. Stand behind the door and to one side; be prepared to close it quickly if fire is present. If you feel heat, proceed to an alternate exit.
- Exit the building in a calm manner using the stairs – never use elevators. Remember to close the stairwell door behind you.
- Stay low when moving through smoke; walk down to the ground floor and exit.
- After you have left the building, go to your department's designated assembly point and remain there. If there is no designated assembly point, maintain a safe distance (a minimum of 50 feet) from the building to allow ample room for emergency personnel and equipment to access the building.
- Do not return to the area until instructed to do so by emergency personnel.

Be Prepared in Case a Fire Occurs

Know the locations of alternate exits from your area. If your work station is located within an office, know exactly how many doors you will pass along your evacuation route before you reach the nearest exit door. In heavy smoke, exit signs may not be visible. Even in heavy smoke, you can count the number of doors you pass, so you will know when you reach the exit door.

What to Do if There is an Earthquake

During a Fire If there is a fire on your floor, follow these recommendations:

- If your building has a fire alarm system, activate it as you exit.
- Follow the procedures outlined in your department's Emergency Action Plan (EAP).
- Move quickly to an open area that is away from buildings, trees, power lines, and roadways. If your department has a designated assembly area, move to that location if it is safe to do so.
- Call 911 and report the location of the fire. Follow directions of emergency personnel.
- Use a fire extinguisher on small (wastebasket-size) fires; but only if it is safe to do so.
- For larger fires, get out; close doors as you leave to confine the fire as much as possible.
- If clothing catches fire, STOP...DROP...ROLL.

If Trapped in a Room

If you are trapped in a room, follow these recommendations:

- Retreat and close as many doors as possible between you and the fire.
- Seal cracks around the door to prevent smoke from entering. Call 911 to report your location.
- Be prepared to signal from a window but do not break the glass unless absolutely necessary as outside smoke may be drawn in.
- Open the window a few inches for fresh air and hang a brightly colored cloth or bed sheet out the window to alert the Fire Department to your location. If you have a flashlight, use it to signal at night.

If Caught in Smoke

If you are caught in smoke, follow these recommendations:

- Drop to hands and knees and crawl or crouch low with your head 30 to 36 inches above the floor, watching the base of the wall as you go.
- Hold your breath as much as possible.
- Breathe shallowly through your nose using a blouse or shirt as a filter.

If Forced to Advance Through Flame

If you are forced to advance through flames, follow these recommendations:

- Hold your breath.
- Move quickly, covering your head and hair.
- Keep your head down and close your eyes as often as possible.

How to Use a Fire Extinguisher

Use the "p-a-s-s" method below to learn more about how to use a fire extinguisher.

- Pull Pull the safety pin from the handle.
- Aim Aim the nozzle, cone, or horn at the base of the fire.
- Squeeze Squeeze the trigger handle.
- Sweep Sweep from side to side and beware of re-flash.



BOMB THREAT

Bomb threats are assumed to be real and considered a threat to the university and its operations. If an explosion occurs at any time, immediately report the explosion by dialing 911.

What to do if You Receive a Bomb Threat

Incident bomb threats are usually received by telephone, sometimes by note or letter. Most bomb threats are made by callers who want simply to create an atmosphere of anxiety and panic – but all calls must be taken seriously. If you receive a threat of any kind, immediately call 911. If possible, get a coworker to do this while you continue talking with the caller. Permit the caller to say as much as possible without interruption. Then ask a lot of questions:

- Where is the bomb?
- When is the bomb going to go off?
- What kind of bomb is it?
- What does the bomb look like?
- What will cause the bomb to go off?

Record What You Hear

Take notes on everything said and on your observations about background noise, voice characteristics, caller's emotional state, etc. Use the Bomb Threat Check List on the following page. Write down the callers exact words. Also record the exact time that the call was received as well as the following information about the caller:

- The perceived sex, age, accent, and education of the caller.
- The location of the caller and any background noises that you hear.
- A description of the caller's attitude.
- A description of the caller's style of speech, speech impediments, or speech traits.

Trained emergency personnel will advise you if evacuation is necessary. Follow instructions given by emergency personnel.

What to do if You Receive a Suspicious Package

If there has been a threat, and you see a package or foreign object, do not touch it. From a landline phone, immediately call 911 to report any unusual objects or items. Read the section in this booklet on Suspicious Packages to learn more about how to identify suspicious mail and what to do if you believe you have encountered such items.

Additional Resources:

Virginia Tech Police Department540-231-6411 www.police.vt.edu



BOMB THREAT CHECKLIST

Date:	Time Call Received:	Time Call Terminated:
Number Where Call was Received:		Who Received the Call?
Exact Wording of the Threat:		

When Possible, Ask the Caller the Following Questions

"When is the bomb going to go off?"	"Where is the bomb right now?"	"What does it look like?"
"What kind of bomb is it?"	"What will cause it to explode?"	"What is your name?"
"Did you place the bomb?"	"Why?"	"What is your address?"
"Is there a special way to identify the bomb?"	Other:	

Describe the Caller's Voice (Check How He/She Sounds)

- | | | | | |
|-----------------------------------|----------------------------------|------------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Calm | <input type="checkbox"/> Angry | <input type="checkbox"/> Excited | <input type="checkbox"/> Slow | <input type="checkbox"/> Ragged/Raspy |
| <input type="checkbox"/> Laughter | <input type="checkbox"/> Crying | <input type="checkbox"/> Normal | <input type="checkbox"/> Distinct | <input type="checkbox"/> Deep Breathing |
| <input type="checkbox"/> Stutter | <input type="checkbox"/> Lisp | <input type="checkbox"/> Fast | <input type="checkbox"/> Familiar | <input type="checkbox"/> Clearing Throat |
| <input type="checkbox"/> Nasal | <input type="checkbox"/> Deep | <input type="checkbox"/> Disguised | <input type="checkbox"/> Accent | <input type="checkbox"/> Cracked Voice |
| <input type="checkbox"/> Soft | <input type="checkbox"/> Slurred | <input type="checkbox"/> Loud | <input type="checkbox"/> Other | |

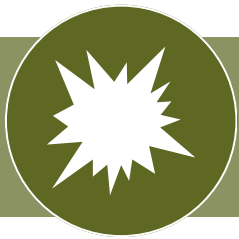
Describe the Caller's Language

- | | | | |
|--|--|-------------------------------------|---|
| <input type="checkbox"/> Well Spoken | <input type="checkbox"/> Incoherent | <input type="checkbox"/> Irrational | <input type="checkbox"/> Message Read by Threat Maker |
| <input type="checkbox"/> Taped Message | <input type="checkbox"/> Foul Language | | |

Remarks:

Describe the Background Sounds (Check the Sounds You Hear)

- | | | | | |
|--|--|--|---------------------------------|--------------------------------|
| <input type="checkbox"/> Street Noises | <input type="checkbox"/> Animal Noises | <input type="checkbox"/> Office Machinery | <input type="checkbox"/> Voices | <input type="checkbox"/> Music |
| <input type="checkbox"/> Motor | <input type="checkbox"/> House Noises | <input type="checkbox"/> Factory Machinery | <input type="checkbox"/> Clear | |
| <input type="checkbox"/> Static: PA System or Local? | <input type="checkbox"/> Other: | | | |



EXPLOSION

What is an Explosion?

An explosion is caused by a rapid expansion of gas from chemical reactions of incendiary devices. Signs of an explosion may be:

- A very loud noise, a series of noises, such as hissing, popping, and cracking.
- Vibrations.
- Heat from fire or smoke.
- Falling glass, debris, and building damage.

During and After an Explosion Occurs

Follow these recommendations if an explosion occurs:

- Get out of the building as quickly and calmly as possible.
- Call 911.
- If your building has a fire alarm system, activate it as you exit; otherwise, follow the procedures outlined in your department's Emergency Action Plan (EAP).
- If you are outside, you should stay outside. Move quickly to an open area away from buildings, trees, power lines, and roadways. If your department has a designated assembly area, move to that location if it is safe to do so.
- If items are falling off of bookshelves or from the ceiling, get under a sturdy table or desk.
- If there is a fire, stay low to the floor and exit the building as quickly as possible.
- Do not use elevators. Use handrails in stairwells; stay to the right.
- Assist others in exiting the building and move to designated evacuation areas.
- Wait for and follow instructions from emergency personnel.
- Keep streets and walkways clear for emergency vehicles and crews.
- If you are trapped in debris, tap on a pipe or wall so rescuers can hear where you are.
- Untrained persons should not attempt to rescue people who are inside a collapsed building. Wait for emergency personnel to arrive.

Additional Resources

Virginia Tech Police Department	540-231-6411	www.police.vt.edu
Virginia Tech Emergency Management.....	540-231-4873	www.emergency.vt.edu
Virginia Tech Environmental Health and Safety.....	540-231-3600	www.ehs.vt.edu
Virginia Tech Facilities	540-231-4300	www.facilities.vt.edu



SUSPICIOUS MAIL

The university and law enforcement authorities take postal threats very seriously. The university has adopted a "zero tolerance" policy and will aggressively investigate any such incidents. The following guidelines are intended to help identify suspicious packages and to provide procedures to follow in the event of receiving suspicious mail.

Suspicious Characteristics in a Letter or Package

If you receive or observe a suspicious letter or package that is unexpected or from an unknown exhibiting the following characteristics:

- Excessive postage.
- Misspellings of common words.
- Excessive weight.
- Rigid envelope.
- Foreign mail, airmail, or special delivery.
- Hand written or poorly typed address.
- Restrictive markings such as confidential, personal, etc.
- Excessive securing - material such as masking tape, string, etc.
- Incorrect titles or titles without names present.
- Oily stains or discoloration.
- Visual distractions.
- Lopsided or uneven.
- No return address.
- Protruding wires or tinfoil.

Suspicious Package Procedures

Follow these recommendations if you believe you have encountered a suspicious package or envelope:

- From a safe location notify the police department immediately by calling 911.
- Move people away from the package and limit access to the area.
- Do not move or open the package.
- Do not investigate too closely.
- Do not cover, insulate or place the package into a cabinet or drawer.

Written Threat

If a written threat warning of an explosive device (or other danger) is received, contact the Virginia Tech Police Department immediately by calling 911. The threat should never be ignored. Save all materials, including any envelope or container. Once the message is recognized as a threat, unnecessary handling should be avoided. Every effort must be made to preserve evidence, such as fingerprints, handwriting or typewriting, paper, and postal marks. These are essential to tracing the threat and identifying the author.



HAZARDOUS MATERIALS

Hazardous materials are substances with dangerous ingredients particularly chemicals that can hurt the environment, cause injury, or even death. When handled with caution, they can be safely used in laboratory instruction, industry, agriculture, medicine, research, and even our homes. If misused and released, they can be very harmful.

During a Small or Minor Spill

Minor spills of hazardous chemicals that pose little or no threat to the safety and health of personnel can be cleaned by following the warnings and cautions on the container's label or the material safety data sheet (MSDS). If you need assistance with the cleanup of a spill, contact Virginia Tech Environmental Health and Safety (540-231-3600) or the Virginia Tech Police Department (540-231-6411 or 911).

During a Hazardous Materials Emergency

Procedures for laboratory personnel to handle chemical, biological, or radiological spills are provided in laboratory safety plans. Trained laboratory personnel are authorized to determine appropriate emergency responses for their areas. A hazardous materials emergency exists when cleanup of a hazardous material spill is beyond the level of staff knowledge, training, or ability and/or the situation is immediately dangerous to the life and health of persons in the spill area or facility.

If a hazardous materials emergency exists, follow these recommendations:

- Alert people in the immediate area of the spill and evacuate the room.
- Confine the hazard by closing doors as you leave the room.
- Use eyewash or safety showers as needed to rinse spilled chemicals off people.
- Evacuate any nearby rooms that may be affected. If the hazard will affect the entire building, evacuate the building.
- Notify the Virginia Tech Police Department of the type of chemical, location, and size of the spill by calling 911. Always call from a safe location.

Reporting a Hazardous Materials Emergency

Emergency contact information may be posted on the entry door to the lab or room. If a hazardous materials emergency occurs, report the following information:

- Location of the spill, name of the chemical, and quantity.
- Name and telephone number of the caller.
- Extent of injuries, if any.
- Environmental concerns, such as the location of storm drains and streams.

Chemical, Commercial Cleaning Products, and Solvent Spills

Any spill that could potentially cause injury to a person or property must be reported to Environmental Health and Safety. If an immediate hazard exists or medical assistance is required, call 911. For small spills or that pose no immediate danger to life or property:

- Confine the spill.
- Evacuate and secure the immediate area; only allow authorized personnel to access the contaminated area. Notify area supervisor.

Toxic Fumes Release

- Evacuate the area immediately if you smell gas or other toxic fumes, experience irritation, coughing, burning eyes, and/or difficulty breathing.
- If you smell gas in a dark room, do not turn on lights; this action could ignite gas. Do not touch, activate, or de-activate any power switches, fire alarms, lights, etc.
- Evacuate immediately and call 911. Do not re-enter the area until advised to do so by emergency personnel.

Radioactive Leak or Spill

In the event of a radioactive leak or spill:

- Limit the spread of the spill.
- Notify others in the area that a spill has occurred. Keep untrained people out of the area.
- Call the Radiation Safety Officer in Environmental Health and Safety (540-231-3600).

If skin contamination has occurred:

- Go to the nearest sink and wash the affected area with tepid water.
- Call the Radiation Safety Officer in Environmental Health and Safety.

Biological Release or Spill

In the event of a biological release or spill:

- Use personal protection and decontaminate the spill with appropriate disinfectant.
- For a large spill or release of highly infectious materials, notify everyone in the area, secure the area, then call Environmental Health and Safety immediately (540-231-3600).

If a blood borne pathogen exposure or needle stick injury has occurred:

- Go to the nearest sink and wash affected area with warm water and soap.
- Call Environmental Health and Safety and seek medical attention immediately.

Additional Resources

Virginia Tech Emergency Management.....540-231-4873 www.emergency.vt.edu
Virginia Tech Police Department540-231-6411 www.police.vt.edu
Virginia Tech Environmental Health and Safety.....540-231-3600 www.ehs.vt.edu



POWER OUTAGE

If a Power Outage Occurs

Remember, if it is an emergency, call 911. Otherwise, follow the steps below.

- Notify Virginia Tech Facilities Services during regular business hours, between 8:00 AM and 5:00 PM. If it is after hours, notify the Virginia Tech Police Department. Remain calm.
- Wait a few minutes for emergency power to come on to provide emergency lighting.
- If evacuation of the building is required, assist any disabled persons and use the stairway to exit. Do not use elevators.
- Unplug all nonessential electrical equipment, televisions, and computers. Turn off light switches as a surge may blow out left-on lights and other equipment when power is restored.
- Contact Facilities Services for information regarding scope and expected duration of outage.

A Power Outage in a Laboratory or Research Facility

Follow these recommendations if a power outage occurs in a laboratory or research lab:

- Laboratory personnel should secure experiments or activities that may present a danger when electrical power is off. Also consider what could happen if power is unexpectedly restored.
- Notify the lab supervisor immediately.
- Take actions to preserve human and animal safety as well as research.
- Keep essential research refrigerators and freezers closed throughout the outage to keep them cold.
- If conditions are hazardous, notify Environmental Health and Safety during regular business hours. If it is after hours, notify the Virginia Tech Police Department.
- If a laboratory fume hood is non-operational, cap all open containers and close the sash.

If You Are Trapped in an Elevator

If you are trapped in an elevator, push the “Call for Help” button. Speak with the dispatcher and identify the building, elevator number, and floor.

If Others Are Trapped in an Elevator

If someone is trapped in an elevator because of a power outage, call the Virginia Tech Police Department. Give specific directions on how to get to the inoperative elevator. If emergency services are requested, have someone meet emergency personnel outside of the building. Tell passengers to remain calm, help is coming. Talk to passengers until emergency personnel arrive.

Additional Resources

Virginia Tech Electric Service.....	540-231-6437	www.vtes.vt.edu
Virginia Tech Facilities Services.....	540-231-4300	www.facilities.vt.edu
Virginia Tech Police Department	540-231-6411	www.police.vt.edu



RETURN TO NORMALCY

There are a variety of resources in place at Virginia Tech for both students and employees in case an emergency occurs in the community. These resources can help you return to a state of normalcy after an emergency.

Coping with Emotions

You may be surprised at how you and others feel after a disaster. It can stir up a variety of unanticipated feelings, and they are as important to address as bodily injuries, damaged homes, and possessions. Children, senior citizens, people with disabilities and people for whom English is not their first language are especially at risk and may need extra attention. It is important to calmly let them know that they are safe and that help is available. Some basic steps you can take to meet emotional needs are:

- Try to return to as many of your normal routines as possible.
- Get rest and drink plenty of water.
- Limit your exposure to the sights and sounds of disaster, especially on television, the radio, and other media outlets.
- Focus on the positive.
- Recognize your own feelings.
- Reach out and accept help from others.
- Do something you enjoy.
- Seek comfort and support. Stay connected with your family or other supporters.
- Realize that recovery can take time.

If you have more questions or observe behavior in others that concerns you, contact a counselor or community services professional for additional information and help.

Immediately After a Disaster

If a disaster or emergency occurs, the following information could help in the immediate stages of recovery:

- Remain calm.
- Have injuries treated by a medical professional.
- Small wounds may be washed with soap and water and then bandaged to reduce the risk of infection. Replace bandages if they become soiled, damaged, or waterlogged.
- Pace yourself. You may find yourself in the position of taking care of other people. Listen carefully, and deal patiently with urgent situations first.
- Check with local authorities to learn if your residence is safe to enter.
- Doors or windows may be cordoned off with yellow tape to indicate damage. Do not cut or walk past the tape unless local authorities advise that it is safe to do so. If a structure bears a color-coded sign, do not enter it until you get official information about what the sign means and advice about the safety of entering.

Checking Your Residence

Check with local authorities to make sure your residence is safe to enter. For example, if you live in Virginia Tech housing, check university news to find out when it is safe to return. Do not cut or walk past colored tape or a color-coded sign until you get more advice and instructions about what these signs mean and whether it is safe to enter. If you have children, leave them with a relative or friend while you conduct your first inspection of your damaged home. The site may be unsafe for children, and seeing the damage firsthand may upset them unnecessarily.

DOCUMENT	CONTACT FOR REPLACEMENT
Hokie Passport	Hokie Passport Office
Other School Records	Contact the issuing school
Government Issued ID	Contact the government agency
Driver's License	Department of Motor Vehicles
Vehicle Registration	Department of Motor Vehicles in issuing state
Insurance Policies	Your insurance agent or company
Military Records	File a Form SF-180 with the U.S. National Archives
Passport	U.S. State Department, Forms DS-11, and DS-64
Green Card	File a Form I-90 with U.S. Immigration
Other U.S. Citizenship Papers	U.S. Bureau of Citizenship and Immigration Services
Birth, Death, and Marriage Certificates	Bureau of Records for the state of issue
Social Security and Medicare Cards	File a Form SS-5 with the U.S. Social Security Admin
Credit Cards	Contact your card issuer as soon as possible
Titles to Deeds	Records department where the property is located
Mortgage Papers	Contact your lending institution

Additional Resources

Cook Counseling Center.....	540-231-6557	www.ucc.vt.edu
Office of Recovery and Support.....	540-231-0062	www.recovery.vt.edu
Psychological Services Center at Virginia Tech	540-231-6914	www.psyc.vt.edu
Hokie Wellness, Virginia Tech Human Resources.....	540-231-9331	www.hokiewellness.hr.vt.edu
Virginia Tech Employee Advantage Program.....	540-231-4889	www.hokiewellness.hr.vt.edu
Virginia Tech Police Department.....	540-231-6411	www.police.vt.edu
Virginia Tech Women’s Center.....	540-231-7806	www.womenscenter.vt.edu
Virginia Tech News.....		www.vtnews.vt.edu
American Red Cross.....		www.redcross.org
Ready.gov.....		www.ready.gov



EMERGENCY MANAGEMENT
VIRGINIA TECH.

Public Safety Building
330 Sterrett Drive
Blacksburg, Virginia 24061

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